



2020

SWIMMING PERFORMANCE LIGUE – ATON TRAVEL LTD. & SWIMMING FEDERATION NORTH MACEDONIA

ATON CUP
27-28 august 2020
Primorski Swimming Pool – Varna, Bulgaria



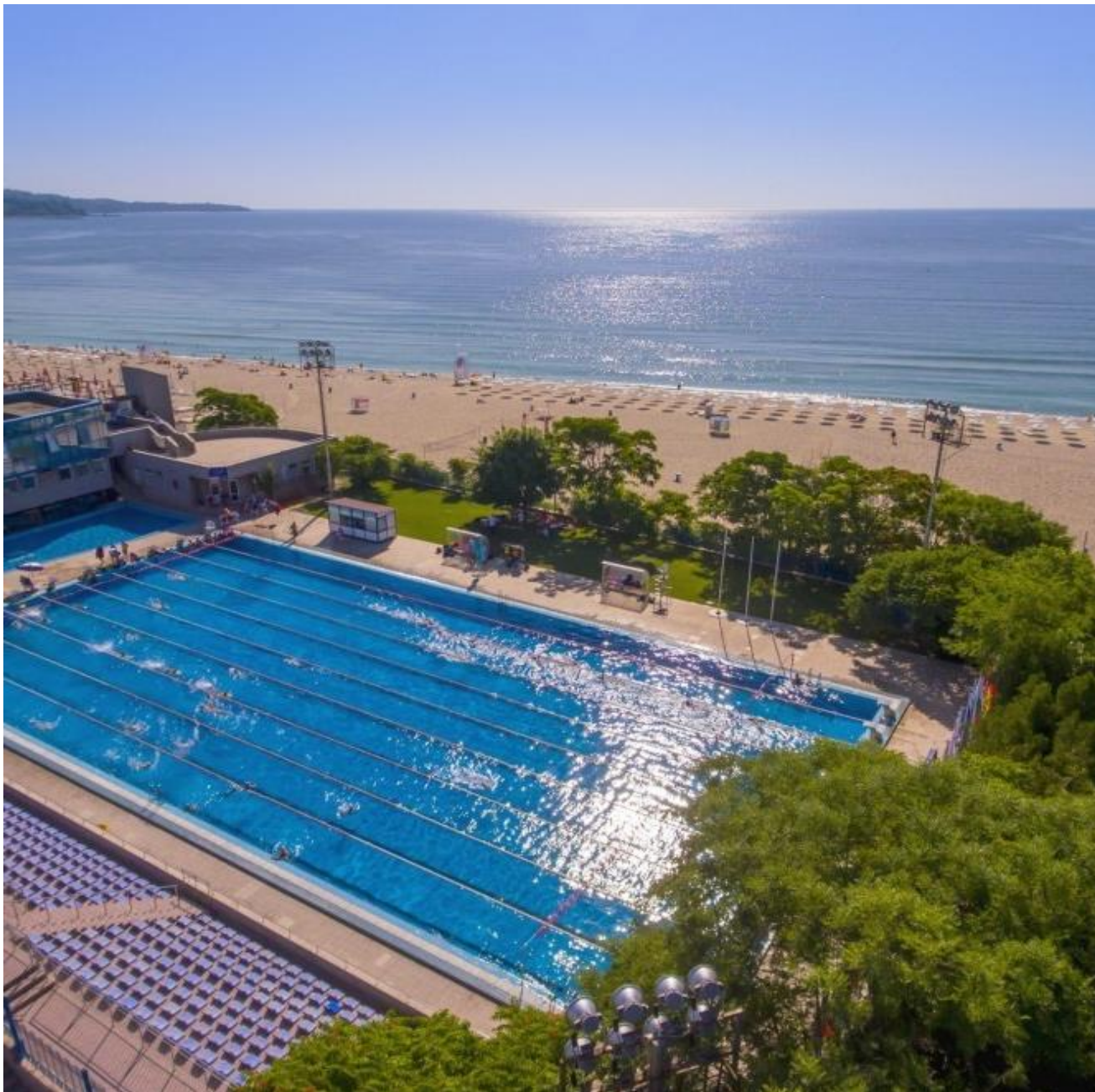
DEAR FRIENDS,

This is a friendly competition between the teams from Bulgaria, Romania, Poland, Russia and North Macedonia.

Our partners in organizing the competition are Swimming Performance Ligue Romania and Swimming Federation North Macedonia

**The deadline for submitting entries and payment of the entry fee is 10.08.2020!
Online registration: www.lpin.ro**

We are waiting for you!



LOCATION

Primorski Swimming Pool, Varna
Outdoor swimming pool that is
located on the beach.

Length: 50 meter

Lanes: 8 lanes

Timing: OMEGA automatic



Olimpic Complex Kamchia

Training camp





Hotel AQUA – Varna

For teams who came just for competition To be in our hotel that is on 500m from the location of the competition! The offer are on FB (Breakfast, lunch , and dinner!) Deadline for reservation and payment of 30% of the accommodation is 20.03.2020!

Competition events

Girls:

- 🕒 50 m. 100 m. 200 m. Freestyle
- 🕒 50 m. 100 m. Breaststroke
- 🕒 50 m. 100 m. Backstroke
- 🕒 50 m. 100 m. Butterfly
- 🕒 200m. Ind.Medley

Swimmers between ages of 7-9 yo will swim only 50m and 100m events.

Boys:

- 🕒 50 m. 100 m. 200 m. Freestyle
- 🕒 50 m. 100 m. Breaststroke
- 🕒 50 m. 100 m. Backstroke
- 🕒 50 m. 100 m. Butterfly
- 🕒 200 m. Ind.Medley

Swimmers between ages of 7-9 yo will swim only 50m and 100m events.

Competition events for Masters

- 🕒 50 m. 100 m. Freestyle
- 🕒 50 m. 100 m. Breaststroke
- 🕒 50 m. 100 m. Backstroke
- 🕒 50 m. 100 m. Butterfly



Competition Program



Day 1-27.08.2020- Sesion 1

Warm up 08.00h-09.00 h

First start : 09,05h

100m Freestyle – Heats M/ F

50m Breaststroke – Heats M/ F

200m Ind.Medley – Direct Final M/ F

100m Backstroke – Heats M/ F

100m Breaststroke – Direct Final M/ F

Day 1-27.08.2020- Sesion 2 - MASTERS

Warm up 12.00h-12.45 h

First start : 13,00h

50 m Freestyle – FINAL M/ F

100m Backstroke – FINAL M/ F

50m Breaststroke – Final M/ F

100m Butterfly – FINAL M/ F

Day 1- 27.08.2020- Sesion 3

Warm up 15.00h-16.00h

First start: 16,05h

100m Freestyle – Final M/ F

50 Breaststroke – Final M/ F

100m Backstroke – Final M/ F

8x50m Freestyle Mixed Relay – Final(4 girls
+4 boys(7-13 yo)

8X50m Freestyle Mixed Relay – Final(4 girls
+4 boys(14-18+)

Day 2- 28.08.2020- Sesion 1 –

Warm up 08.00h-09.00h

First start: 09.05h

50m Fly – Heats M/ F

200m Freestyle – Direct Final M/ F

50m Freestyle – Heats M/ F

50m Backstroke – Heats M/ F

100m Fly – Direct Final M/ F

Day 2-28.08.2020- Sesion 2 - MASTERS

Warm up 12.00h-12.45h

First start : 13,00h

50 m Backstroke – FINAL M/ F

100m Freestyle – FINAL M/ F

50m Butterfly – Final M/ F

100m Breaststroke – FINAL M/ F

Day 2- 28.08.2020- Sesion 3 –

Warm-up 15.00h-16.00h

First start: 16.05h

50m Fly – Final M/ F

50m Freestyle – Final M/ F

50m Backstroke – Final M/ F

4x50m Medley Relay – Final M/F(7 – 13 yo)

4x50m Medley Relay – Final M/ F (14-18+)



Regulation and details:

Ages for participation: Swimmers of 7 years old and older.

Each swimmer can participate at 3 events/reunion

Participation fee - 25 €

Transport fee if you are on our resort “ SOK Kamchia” (South Camp ATON) – 10 €

The accommodation could be made in our resort in which we have around 400 athletes every summer! It is on 35 km of the location of the competition but we do have transport! (Its better to make a camp for several days)

Deadline for reservation in our camp and payment of 30% of the resort is until 20.03.2020!

– You can see that camp in our Facebook page: Aton Travel or our website www.atontravel.bg. This camp is called South Camp!

IMPORTANT: Transfer for the whole competition is 10 € (for athletes that are located in “ SOK Kamchia”)



Do you have
any questions?

HERE



CONTACT US



Str.Hipodromului nr.32E, Corbeanca
Județul Ilfov, Romania

All the details about competition, the start list and
live results will be found on : www.lpin.ro



www.lpin.ro



+040722260749



hello@lpin.ro

